



The Pathway to Internal Peace

Icebreaker: Are you already shopping for Christmas presents?

Read Together: Matthew 5:38-48 (NIV), Romans 12:2 (NIV), Exodus 21:23-25 (NIV), Leviticus 24:19-20 (NIV), Deuteronomy 19:21 (NIV)

Discuss:

- What do the scriptures for this section say? What sticks out to you that you have not seen before?
- What was the Holy Spirit saying to you as Pastor Jason spoke?
- Who comes to mind when you think about forgiveness?
- Have you picked up any offenses for others?
- What relationships have you hit eject on?
- What was the principle behind the “eye for an eye” command?

Read Together: Matthew 5:38-39 (NIV), Luke 17:1 (NKJV), Proverb 19:11 (NIV), James 3:9-11 (NIV), Luke 6:45 (NKJV)

Discuss: The upside-down Kingdom of God:

- What do the scriptures for this section say? What sticks out to you that you have not seen before?
- **Retaliation is not of God’s Kingdom.**
- Does God want you to be passive? Why or why not?
 - Are you plotting revenge or trying to reconcile?
 - What is the motive of your heart for revenge or reconciliation?
- What are we to do with our offense?
- Take inventory of your heart.....where is your heart leaning?
- What are your words saying? (About yourself and the person that hurt you). *A very good indicator of what is in you heart is what is coming out of your mouth.*

Read Together: Psalm 51:10 (NKJV)

Discuss:

- How does this scripture hit differently as you read it today?
- What does it look like for you to fake a right spirit?

- How can you get a right spirit within you?
- Are you ready to speak the truth out of a right spirit?

Pray:

- Ask God to show you any offenses you are holding for others. Take time to pray for a right heart in those situations.
- Ask God to show you any people you need to work toward forgiving. Take time to pray for the strength and wisdom to walk out forgiveness.
- Ask God to purify your heart and show Him His heart for the people you have offenses against.
- Pray for the people you have trouble loving. Ask the Holy Spirit for the words to say.